



## Curriculum vitae

### Personal information

First name(s) / Surname(s)

**MONA VINTILĂ**

Address(es)

No. 19, Take Ionescu Street, 300063, Timișoara, Romania

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Nationality

Romanian

Date of birth

01.10.1967

Gender

Female

### Work experience

Dates

05.04.2009 – present

Occupation or position held

Professor

Main activities and responsibilities

Undergraduate courses:

- Neuropsychology
- Genetics of human behaviour
- Psycho-sexology

Courses in Clinical Psychology and Psychological Counselling Master Program:

- Family and Couple Communication
- Family and couple health psychology
- Female sexuality physiology
- Psychopharmacology
- Applied Neuropsychology

Name and address of employer

West University of Timișoara, Faculty of Sociology and Psychology, No. 4, BV. Vasile Parvan, Timișoara, Romania.

Type of business or sector

Teaching and research

Dates

01.10.2003 – 05.04.2009

Occupation or position held

Associate professor

Main activities and responsibilities

Undergraduate courses:

- Neuropsychology
- Genetics of human behaviour
- Psycho-sexology

Courses in Clinical Psychology and Psychological Counselling Master Program:

- Family and Couple Communication
- Family and couple health psychology

	<ul style="list-style-type: none"> <li>• Female sexuality physiology</li> <li>• Psychopharmacology</li> <li>• Applied Neuropsychology</li> </ul>
Name and address of employer	West University of Timișoara, Faculty of Sociology and Psychology, No. 4, BV. Vasile Parvan, Timișoara, Romania.
Type of business or sector	Teaching and research
Dates	1999 – 30.09.2002
Occupation or position held	Lecturer
Main activities and responsibilities	<p>Undergraduate courses:</p> <ul style="list-style-type: none"> <li>• Neuropsychology</li> <li>• Neurocibernetics</li> <li>• Psycho-sexology</li> <li>• Health and Mental Hygiene</li> </ul> <p>Courses in Clinical Psychology and Psychological Counselling Master Program:</p> <ul style="list-style-type: none"> <li>• Family and Couple Communication</li> <li>• Family and couple health psychology</li> <li>• Psychopharmacology</li> <li>• Applied Neuropsychology</li> </ul>
Name and address of employer	West University of Timișoara, Faculty of Sociology and Psychology, No. 4, BV. Vasile Parvan, Timișoara, Romania.
Type of business or sector	Teaching and research
Dates	1994 – 1999
Occupation or position held	Assistant professor
Main activities and responsibilities	<p>Undergraduate courses:</p> <ul style="list-style-type: none"> <li>• Neuropsychology</li> <li>• Neurocibernetics</li> <li>• Psycho-sexology</li> <li>• Health and Mental Hygiene</li> </ul>
Name and address of employer	West University of Timișoara, Faculty of Sociology and Psychology, No. 4, BV. Vasile Parvan, Timișoara, Romania.
Type of business or sector	Teaching and research
Dates	1998
Occupation or position held	Specialist – Physician
Main activities and responsibilities	Provision of medical services
Name and address of employer	Municipal Hospital of Timișoara.
Type of business or sector	Medical Activity
Dates	1995 – 1998
Occupation or position held	Resident in General Medicine - Pediatrics
Main activities and responsibilities	Provision of medical services

Name and address of employer	Municipal Hospital of Timișoara.
Type of business or sector	Medical Activity
Dates	1994 – 1995
Occupation or position held	Resident physician
Main activities and responsibilities	Provision of medical services
Name and address of employer	Municipal Hospital of Timișoara.
Type of business or sector	Medical Activity
<b>Education and training</b>	
Dates	2008 – 2010
Title of qualification awarded	Systemic Family Psychotherapy Theory and Practice Diploma
Principal subjects/occupational skills covered	Family Psychology, Psychotherapy and psychopathology
Name and type of organisation providing education and training	Dianoia Association.
Dates	2007 – 2008
Title of qualification awarded	Systemic Family Psychotherapy Theory and Practice Diploma – intermediary level
Principal subjects/occupational skills covered	Family Psychology, Psychotherapy and psychopathology
Name and type of organisation providing education and training	Regional Centre for Social Integration and Human Development AREOPAGUS.
Dates	1996 – 2001
Title of qualification awarded	Medical Sciences PhD – Thesis “Long term development and psycho-intellectual performance of prematurely newborns” ( <b>Evoluția și performanțele psihointelectuale pe termen lung ale nou-născuților prematuri</b> ), coordinated by Professor Valentin Boțiu, PhD published in 2003, at Mirton Publishing, Timișoara, entitled “Prematuritatea. Cauze, percepția propriei sănătăți, relaționarea, orientarea școlară”
Principal subjects/occupational skills covered	Health Psychology, Mental Health, Pediatrics, Neonatology, Child psychology. Prematurely born children and adolescents assessment
Name and type of organisation providing education and training	University of Medicine and Pharmacy "Victor Babeș" Timișoara.
Dates	1995 – 1998
Title of qualification awarded	Specialist - general paediatrics
Principal subjects/occupational skills covered	General Medicine, Pediatrics, Neonatology, Infant Neuropsychiatry, Assessment and intervention in children
Name and type of organisation providing education and training	University of Medicine and Pharmacy "Victor Babeș" Timișoara.

Dates	1987 – 1993
Title of qualification awarded	Physician – Final grade 9.98
Principal subjects/occupational skills covered	General Medicine
Name and type of organisation providing education and training	University of Medicine and Pharmacy "Victor Babeş" Timișoara.
Dates	2011 – 2012
Title of qualification awarded	Trainer
Name and type of organisation providing education and training	West University of Timișoara – POSDRU Project: „Reconstrucția statutului femeii de la discriminare la dezvoltare profesională și egalitate de șanse” (Women Status Reconstruction from Discrimination to professional development and equal opportunities)
Dates	2002 – 2003
Title of qualification awarded	Teaching skills / Certificate of Graduation from the Department for Teacher Training
Principal subjects/occupational skills covered	Educational Psychology, Introduction to pedagogy, Theory and methodology of Curriculum, Training theory and methodology, Assessment theory and methodology, Teaching specialty practice teaching. / skills teaching and assessment in higher education
Name and type of organisation providing education and training	Teacher Training Department at the West University of Timișoara.
Dates	November 1999
Title of qualification awarded	Neonatology – Postgraduate Course
Principal subjects/occupational skills covered	Neonatology
Name and type of organisation providing education and training	University of Medicine and Pharmacy "Victor Babeş" Timișoara.
Dates	July – August 1996
Title of qualification awarded	Pediatrics and Neonatology - exchange
Principal subjects/occupational skills covered	Pediatrics and Neonatology
Name and type of organisation providing education and training	Paediatrics Kosair Hospital in Louisville Kentucky
	<p>Research activity:</p> <ul style="list-style-type: none"> <li>• Wellness – Skills for true wellbeing , financing agreement 527797-LLP-1-2012-1-RO-GRUNDTVIG-GMP, Lifelong Learning: Leonardo da Vinci, Grundtvig and Dissemination, Project Manager, Total Budget: 393,216 EUR</li> <li>• Consilierea carierei si servicii de practica profesionala in psihologie, POSDRU/161/2.1/G/136958, Long term expert, 2014-2016, Total budget: 2.112.760,68 LEI</li> <li>• Community Health Management To Enhance Behaviour, CHANCE, 2007-2009, Grundtvig Multilateral project, Mona Vintila – Romanian coordinator, Total Budget: 398.056 Euro</li> <li>• A Nutrition Guide for Early Childhood Stakeholders, Leonardo da Vinci Project, 2010-2012 Mona Vintila – Romanian Coordinator, Total budget: 91.000EUR.</li> <li>• Towards Opportunities for Disadvantaged and Diverse Learners on the Early - childhood Road, Comenius Project, 2010-2013, Mona Vintila – Romanian coordinator, Total budget: 397.513 EUR</li> </ul>

- Reducerea riscului individual si social al hipertensiunii arteriale, in collaboration with Institutul Social Român Banat-Crișana, 1998
- Cross cultural jealousy research project in collaboration with the Institute of Psychology, Vienna, 2000
- Seasonality of Suicides in Romania. Has seasonality in suicides gone anywhere? Counter-evidence from Romania, in collaboration with the Institute of Psychology, Vienna and Toronto University, 2001
- Intervenție culturală și instituțională prin servicii psiho-socio-sanitare adresate tinerilor instituționalizați, persoanelor adulte cu handicap și vârstnicilor aflați în azile, funded by Agenția Națională pentru Sprijinirea Inițiativelor Tinerilor, 2005.
- Beliefs about the genetics of suicide, project manager, in collaboration with Institute of Psychology Vienna, 2007-2008.
- The study of Premenstrual symptomatology by using the Premenstrual Symptoms Screening Tool (PSST), coordinated by Mc Master University, Hamilton, Ontario, Canada, 2007- 2008
- Social Security on the MOVE: promoting coordination on the transferability of welfare benefits within a cluster of EU social security institutes, Ref. No.: VS/2011/0309, project member, Total Budget: 333 937.37 EUR
- POSDRU, 2009-2011 – Competențele absolvenților și nevoile angajatorilor. O cercetare-acțiune pentru integrarea pe piața muncii. Expert in the project. Total Budget: 1.765.107 RON
- Mona Vintila, 2010, POS DRU „Parteneriat european de formare pentru o societate inclusivă” (ID 59820), Project member, total budget 3.534.260 RON
- LDV “TODDLER – Towards Opportunities for Disadvantaged and Diverse Learners on the Early - childhood Road” - 510609-2010-LLP-NO-COMENIUS CMP (2010-2013). Total Budget: 397.513 EUR
- Improving Procedures For Collecting Information On Mobile Workers - IMPRO MOBIL - Grant Agreement No. VS/2012/0284, Total Budget: 253878.90 EUR

Managing Partner from Romania in Intensive Programs developed through the Comenius Association:

- Sharing our common environment: learning outdoors in Europe, first edition 2008-2009 Valencia and second edition 2009-2010 Santarem
- Outdoor Education (Spain -Valencia)
- Developing positive effects of Migration for Intercultural Competencies in European Education (Spain - Barcelona)
- Philosophy at school: a tool to develop the european citizenship (Belgium – Louvain-la-Neuve)

## Affiliations and recognitions

- Teacher in PhD School *Psychology of Emotions and Artistic Creativity*, Università degli Studi di Cassino, Facoltà di Lettere e Filosofia, Dipartimento di Scienze Umane e Sociali, from 2005.
- Teacher in PhD School "Theory and History of Educational processes" , Università degli Studi di Cassino, Facoltà di Lettere e Filosofia, Dipartimento di Scienze Umane e Sociali, starting with 2013
- Member of CNATDCU (2011-2012)
- European Association of Health Psychology
- Founding member of Euro regional Center of Applied Psychology
- Psychologist Association from Romania
- Romanian Association of Systemic Family Therapy
- European Family Therapy Association
- Board Member of Comenius Association
- World Association of Perinatal Medicine
- European Association of Perinatal Medicine
- National Association of General and Family Medicine
- Romanian Medical College
- European Association of Systemic Family Therapy
- Evaluator at "Quaderni del Dipartimento di Scienze Umane e Sociali dell'Università degli Studi di Cassino", since 2010.

## Work recognition

- Presentation in the volume *Who's Who Medical în România*, first edition, Editura Pegasus Press, București 2006, p.416-417, 879.
- Presentation in the volume *Personalități de marcă din Timișoara la Timișoara și noi la ele acasă*, coordinated by Petroman P., and Petroman I.C., presented in the study *Luptător asiduu pentru corelarea activității medicale cu cea a psihologului*, 2007, pp 57-61.
- Member in scientific committees and organization committees of national and international conferences: National Conference of Psychology from Timișoara 2008, Comenius Association Conference Timișoara, 2007, International Symposium „Research and Applications in Psychology”, Buziaș, 2009, 2010, 2011, 2012, The International Scientific Conference „Economic Science for Rural Development. Sustainability. Integrated and Sustainable Development. Home Economics and Sustainable Consumption” – Jelgava, 2010
- Chair of health psychology sections in many national and international conferences.

## Member of the editorial staff of national and international scientific journals

- *Journal of the Comenius Association* –2009.
- *Revista de Psihologie Aplicată*, Universitatea de Vest Timișoara and Centrul de Studii și Cercetări Psihologice, Timișoara.
- *Revista de Științe Sociale „Paradigme”*, UVT, Timișoara
- Journal of the Comenius Associations – membru în bordul editorial al revistei
- The Editorial Board of the edition of the International Scientific Conference Proceedings – Economic Science for Rural Development. Sustainability. Integrated and Sustainable Development. Home Economics and Sustainable Consumption, Vol 23, 2010

## Awards and invitations

Invited Professor at Cassino University where I made presentation on the following topics between 1996-2007:

- Neuropsichiatria infantile, 3-10 martie, 1996.
- The psiho-intelectual Performances of the Former Premature Baby, 3-10 march, 1996.
- Behavioural Disturbances at Children and Teenagers, 3-10 march, 1996.
- Medical and Deontological Aspects of Eugeny and Eutanasy, 3-10 march, 1996.
- Affectivity at children and teenagers, 3-10 march, 1996.
- Spoiled Child Syndrome, 3-10 march, 1996.
- Eating Behaviour Disturbances at Teenagers, 3-10 march, 1996.
- School Difficulties at Children and Adolescents, 3-10 march, 1996.
- Adolescent suicide, 28-31 october, 1997.
- The role of the family and school environment upon the psychological development of prematurely born children, 29-30 november 1999.
- Psychological causes and consequences of major eating behavior abnormalities during adolescence, 29-30 november 1999.
- Psychological implications of the sexual development from childhood to adolescence, 29-30 november 1999.
- Drug Consumption at Parents of Prematurely Born Babies. Its Consequences and Influences on their Children, 9-13 may, 2001.
- Parental Influence on the Development of Prematurely Born Infants, 9-13 may, 2001.
- Quality of couple relationships at women diagnosed with breast cancer, 22.10.2007.
- Emotion expression in intimate relationships under the influence of cerebral lateralization, 22.10.2007
- Visiting Professor at Padagogische Hochschule Wien, 5-7.12. 2007, Where I had 8 hours of teaching classes on Health psychology: Diabetes, Cardiovascular diseases – high blood pressure; Tuberculosis, Suicide.
- Visiting Professor at Viena, 18 - 20.05.2009, where I taught classes on consumer health education theme.
- Visiting Professor at Viena, in 2010, 2011, 2012, 2013 where I had classes on themes as consumer health education, health psychology and family therapy.

**Awards and distinctions:**

- Second Prize offered by Sedona Publishing At the Manuscript Contest from July 1996, for the book *Adolescența sau căderea în lume*, in collaboration with Valentin Boțiu.
- First Prize for the best Poster of the paper *School results and psycho-intellectual abilities of prematurely born children*, at World Congress of Perinatal Medicine, Barcelona, Spain, 23-27 September, 2001.
- Excellence in Research Award from 2008, given in 2009 by the Department of Psychology of the Faculty of Sociology and Psychology at the University of the West Timișoara.
- Member in several PhD commissions at national and international level and job seeking and promotion contests in academic environment

**Personal skills and competences**

Organizational skills, experienced in logistics:

- Scientific Chancellor of Sociology and Psychology Faculty during 2005-2007.
- Director of the Master Program *Clinical Psychology and Psychological Counseling*.
- Director of the Post-university studies in *Family and couple counseling*.
- Organizer of the National Conference of Psychology, Timișoara 2008.
- Organizer of the Comenius Association Conference, Timișoara, September - 2007.
- Director of the Master Program Clinical Psychology and Psychological Counseling.
- NATO Seminar - Prevention and intervention in child maltreatment: development and assessment programs, 23 October - 2 November, 2003
- Seminar ARAS, 23-25 July 2004, Training session and Experience Exchange GFATM CSW-NNDP.
- President ARAS -Timiș, 2004 – 2006
- Organizer of the Workshop entitled *Fenomenul sarcinii în viața de cuplu*, 14-15 november, 2003, Timișoara
- Organizer of the workshop entitled *Psiho-patological aspect of drug addiction*, 11-13 april 2005
- Dean of the year for three student promotions

Mother tongue(s)

**Romanian and Hungarian**

Other language(s)

Self-assessment

European level (\*)

**English**

**German**

Understanding				Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production			
C <sub>2</sub>	Proficient user	C <sub>2</sub>	Proficient user	C <sub>2</sub>	Proficient user	C <sub>2</sub>	Proficient user	C <sub>2</sub>	Proficient user
C <sub>2</sub>	Proficient user	C <sub>2</sub>	Proficient user	B <sub>2</sub>	Independent user	B <sub>2</sub>	Independent user	B <sub>2</sub>	Independent user

(\*) Common European Framework of Reference for Languages

Social skills and competences

Adaptability to multicultural environments, gained through work experience abroad (Exchange of experience at the Hospital of Pediatrics Kosair in Louisville Kentucky -1996) and participation in numerous international conferences.

Organisational skills and competences

Skills and abilities in organizing the Conference:  
 - National Conference of Psychology, Timișoara 2008.  
 - Comenius Association International Conference, September 2007.

Computer skills and competences

Good command of Microsoft Office tools